

WILD RICE CRANBERRY FIG ROAST EN CROUTE  $\,$  ITEM No  $\,$   $\,$  30140



## Wild Rice Cranberry Fig Roast En Croute

Our Wild Rice Cranberry Fig Roast En Croute is delicious, rich and nutritious. We start with a rich grain meat roast and fill it with a wild rice & quinoa sausage style stuffing. The sweet infusion of dried figs in the stuffing and the scrumptious vegan pastry give it the festive finishing touch for a special meal for your customers to enjoy.

	Product Informatic	'n
ITEM # <b>30140</b>	DESCRIPTION Wild Rice Cranberry	PACK Fig Roast 6 X 2 lbs, 12 lbs
SHIPPED Frozen	SHELF LIFE FROZEN 12 months	shelf life refrigerated/cooked 7 days

<b>Nutrition Fa</b>	icts
Serv. Size 4 oz (113 Servings per containe Calories 340 Calories from fat 15	r 8
Amount/serving	% DV
Total Fat 17g	26%
Saturated Fat 6g	30%
Trans Fat 0g	0%
Cholesterol Omg	0%
Sodium 490mg	20%
Total Carb. 25g	8%
Dietary Fiber 4g	16%
Sugars 7g	
Protein 21g	42%
Vitamin A 0% • Vitamin C Calcium 4% • Iron	
*Percent Daily Values	(DV) ar
based on a 2,000 cald	rie diet

Ingredients: Wild Rice Cranberry Fig Roast: Filtered Water, vital wheat gluten, expeller pressed safflower oil, wild rice, barley malt, quinoa, dried figs, naturally flavored yeast extract, ginger paste (ginger pulp, cane sugar), cranberries, organic wheat flour, granulated garlic, diced dried pineapple, organic wheat flakes, onion powder, spices, yellow pea powder, lemon juice, pardina lentils, sea salt, irish moss (sea vegetable) extract, dried apples, yukon gold potatoes, black pepper, natural hickory smoke flavor with torula yeast and garlic. Puff Pastry: Enriched unbleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) water, palm oil and salt.

revised 10/09/12